Yes! We Can Play is a fun new after-school program that helps 6th graders develop skills to play on sports teams while learning healthy eating and physical activity habits.

- Submit online registration form (available from sites.uab.edu/yeswecanplay) and consent/assent forms by December 14, 2020.
- All athletes will receive a Fitbit and a physical activity kits filled with fun activity gear.
- Practice will take place virtually after school on Tuesdays, Wednesdays, and Thursdays.
- Contact Coach James Calhoun at 205-920-7159 (jcalhounbhm.k12.al.us) or the BCS Athletic Director at 205-231-9027 (hpopeebhm.k12.al.us) for more information.
- If COVID public health guidelines permit, there will opportunities to compete against other schools.

Sports Available:
- Basketball
- Tennis
- Track & Field
- Softball
- Flag Football
- Volleyball
- Cheer/Dance

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