

# COMMUNITY MENTAL HEALTH AWARENESS INITIATIVE

## MENTAL HEALTH & MENTAL ILLNESS: SIGNS, SYMPTOMS & WHAT TO DO

Moderated by Crystal Mullen-Johnson, LICSW, PIP, RPT  
CEO/Founder Strive Counseling Services L.L.C.

**05.18.19**  
**11-1PM**

BIRMINGHAM DOWNTOWN LIBRARY

### PANELISTS

**Dr. Nadia Richardson**

No More Martyrs

**Dr. Eliza M. Belle, M.S., Ph.D.**

Psychologist & Certified Forensic Examiner

**Mr. Reggie A. Parker, Sr., MS, LPC, NCC**

Parker Counseling & Consulting, LLC

**Ms. Veronica Johnson, MSCJ, JD**

Sr. Probation Officer, Family Court  
of Jefferson County

**Mrs. Courtney Nelson**

Director of Social Emotional Learning,  
Birmingham City Schools

### GUEST SPEAKERS

**Danny Carr**

District Attorney Tenth Judicial Circuit of Alabama

**Galvin Billups**

Executive Director of the City of Birmingham  
Mayor's Office Division of Youth Services.

**GIVEAWAYS + FOOD WILL BE PROVIDED**



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FOUNDATION

CITY OF BIRMINGHAM  
MAYOR'S OFFICE  
DIVISION OF  
YOUTH SERVICES  
YOUTH FIRST

